1. Title:

Using a theoretical framework to implement a shared-care guideline in the Western Australian Child and Adolescent Mental Health Service (CAMHS)

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3. Key words:

Implementation framework and measures; CAMHS clinicians, delivery of shared-care; increasing use of guideline

4. Abstract text:

a. Background and aims

Shared-care is high quality care delivered through equal and accountable strategic and operational partnerships between professionals and children and their families. WA CAMHS recently developed its own shared-care guideline. However, the findings of an investigation following a serious clinical incident identified failings in shared-care. This is not surprising. The gap between policy and practice, and the many reasons for it, is long known and well understood. The aim of this service improvement initiative is to increase the use and uptake of our shared-care guideline. The Consolidated Framework for Implementation Research (CFIR) was used to identify constructs which potentially influence uptake. Published implementation measures will be used to measure some of those constructs. Specific strategies and tasks can then be developed or sourced to change behaviour.

b. Methods

Thirty-nine constructs of the CFIR were rated by the service leadership group using a five point criteria (not applicable -2, -1, 0, +1, +2 applicable). Thirteen constructs selected as measurement targets.

The Perceived Characteristics of Intervention Scale (PCIS) will be used to measure staff opinion about the design and content features and characteristics of the guideline. A questionnaire, constructed from the Theory of Planned Behaviour, will be used to obtain information on staff beliefs and attitudes about shared-care and perceived behavioural control and intent of use toward the guideline.

Three-hundred clinical staff will be invited to participate by completing the two questionnaires on-line.

c. Results

[For noting: this service improvement initiative is in progress. Collection of PCIS and TpB data will be completed 30 June 2016].

d. Conclusion

This initiative will illustrate how an implementation framework can be used, practically, by leaders and managers, to influence service improvements.