

# Triple P - Positive Parenting Program®



## Community Implementation Systems: A structure to support sustainability

Triple P International

# Triple P system



- Triple P is a system of programs frequently adopted as a population health approach
- The Triple P Implementation Framework supports effective implementation of Triple P
- Most Triple P initiatives include a number of organisations and sectors within a community, rather than a single practice or organisation
- The systems and layers in the community

# Fidelity, adaption and scaling up



- To achieve the most beneficial effects:
  - Triple P must be provided with fidelity (practice fidelity)
  - Triple P should be available at multiple levels of the system in multiple delivery methods (flexibility)
  - Triple P should be readily accessible to parents at the right level at the right time (minimal sufficiency)

# Why do we need a Community Implementation System?



Scaling up a program, while maintaining fidelity, requires a dynamic approach with strong leadership and the capacity to adapt the implementation processes in response to community context.

# Core principles for a Community Implementation System



- Self-regulation – the system is able to self-sustain once full implementation has been achieved
- Minimal Sufficiency – the processes and implementation activities are context specific and recognise the existing capacity
- Community Ownership – the leadership and community achieves and sustains a sense of ownership of the practice and the processes

# Core elements of a Community Implementation System



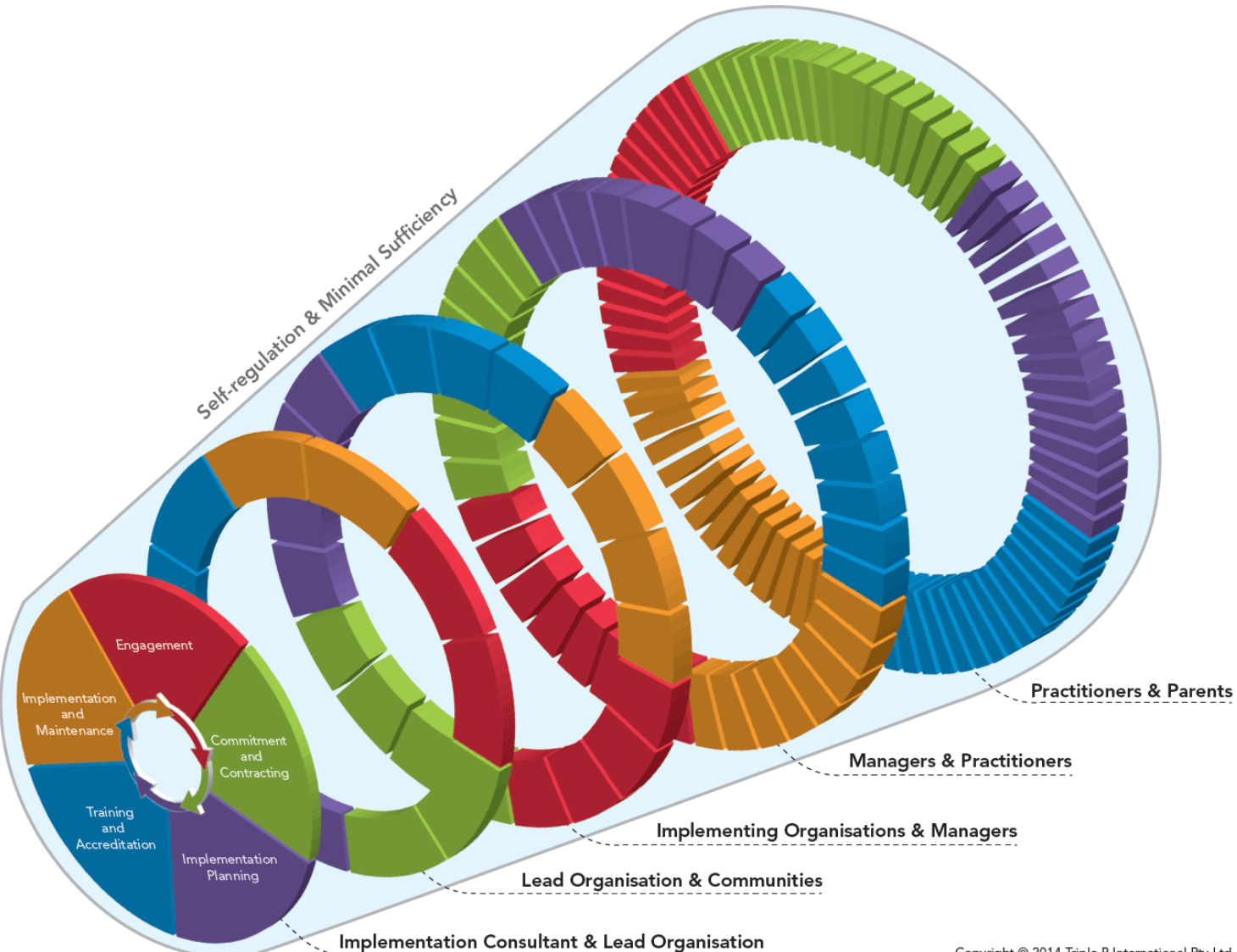
- Buy-in and meaningful involvement at all levels
- A commonly understood and replicable process based on implementation science
- Clear and explicit roles and responsibilities
- Ongoing communication and influence between levels of the system

# Implementation teams



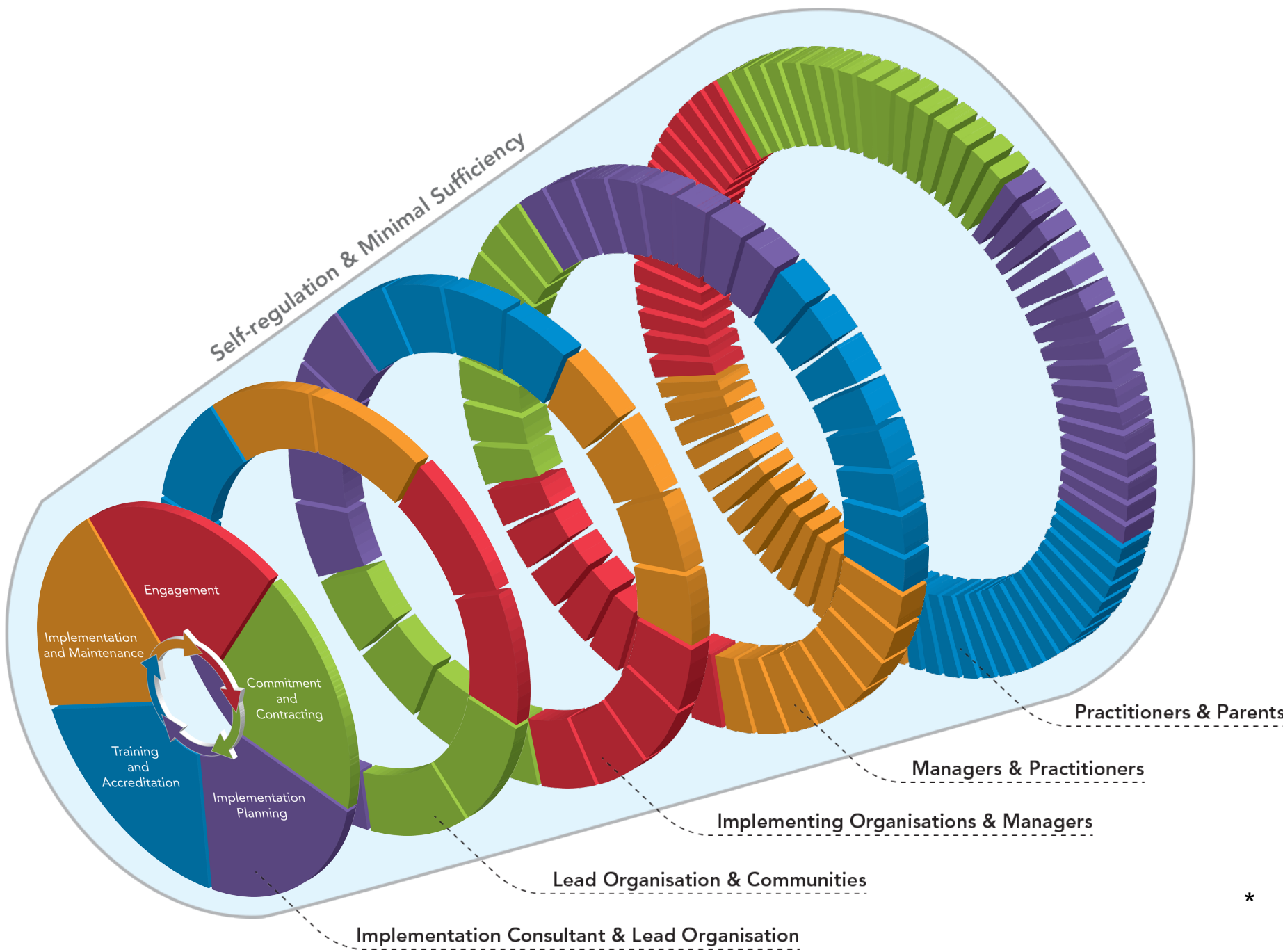
- Implementation teams are responsible for:
  - Managing and overseeing the essential implementation functions and activities that are identified in the Framework
  - Guiding the overall implementation of the initiative from engagement to sustainable implementation.
- They provide a focused and accountable structure to increase the likelihood that the

# What is a community implementation system?





Self-regulation & Minimal Sufficiency



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# Role of the Triple P Implementation Consultant



- Triple P International provides an Implementation Consultant (IC) to all new initiatives
- IC engages with the leadership and coordination levels of the Community Implementation System
- Provides expertise in both content and process to support the effective implementation, delivery and sustaining of Triple P
- Tailors support to the specific community context

# In Summary



- The Framework supports intentional, explicit and systematic processes to facilitate effective implementation of Triple P
- The aim is help the community get to the point where they are able to self-manage, accept responsibility for positive change, and sustain their implementation of Triple P without significant ongoing support.

**effective program + effective implementation**

**= good outcomes for parents and children**

# Contact information



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