Improving outcomes for vulnerable families: Implementing an evidence-informed and practice-informed framework in an agency in Western Australia

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Wanslea Family Services

- Not for profit NGO in WA
- Federal & state government funding
- Perth and surrounds
- Funding increase in 2009
- Needed a consistent practice framework across family support services and teams





Knowledge to Implementation Cycle

Innovation

Implementing positive innovations for continual improvement.

Development & Adoption

The 4 phases include clarifying aims, collecting evidence, adapting knowledge and designing the program or practice framework. Practice Program Installation Prepare support required to run the program, prepare for doing things differently. Initial Implementation Initiating and managing change.

Full Operation

Program fully integrated into practitioner, organisational and community practices, policies and procedures.

Sustainability

Create a permanent site-based capacity and a sustainable infrastructure.





Development and Adoption

Research tells us: EBPs exist to meet a range of important child and family outcomes; contextual fit influences implementation.

What we planned to: workshops to document needs and concerns of target population; evidence mapping; practice mapping; contextual fit.

What we learned: Engage all levels; identify core values and principals; practice mapping aided engagement; continual adaptation; role of champions.

What we did: additional time invested in this phase; continual adjustment for contextual fit; agreed outcomes, target population and guiding principles guided Practice Framework.





Creating a Structure for Implementation

Research tells us: effective leadership essential; champions helpful; shred decision making vital.

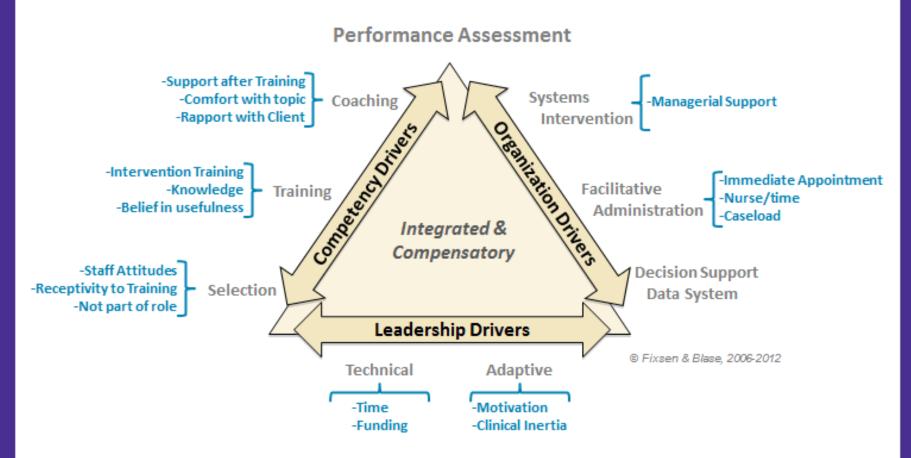
What we planned to: form accountable implementation team.

What we learned: add members as required; review TOR; work fell to a few; face-to-face helps; champions essential; positivity in attitudes helps; added pressures of organisational growth.

What we did: Monthly implementation team meetings; added people as required; made good use of champions; review and planning workshop planned for Dec 2012.



NIRN – Drivers/Core Components







Staff Selection

Research tells us: education and background of staff are associated with job performance and implementation effectiveness.

What we planned to: examine and align recruitment professes at Wanslea to the Practice Framework.

What we learned: Growth in parallel to the implementation of the Practice Framework led to need for modifications to our plans.

What we did: Modified recruitment processes (e.g., induction of staff, position descriptions); liaised with HR department; New position descriptions and structures for Practice Coaches; Induction changed.





Staff Training

Research tells us: Training and Technical Assistance consistently related to implementation effects; competency-based training is key; staff turnover can jeopardise implementation.

What we planned to: Train all staff early 2012.

What we learned: Phased roll out of training required to iron out challenges; training insufficient; process issues needed ongoing attention, especially around use of assessment tools; time.

What we did: Social workers as "first users"; recently trained Family Care Workers; ongoing support regarding assessment tools and other process issues; re-training picked up in coaching; need plan for ongoing training of new staff.





Coaching

Research tells us: Training transfer is less than 5% to families, this increases to 95% with coaching.

What we planned to: Senior social workers to be Practice Coaches.

What we learned: Needs to be dedicated role.

What we did: Appoint Practice Coaches; PRC delivered coaching to 'first users'; PRC trained Practice Coaches and will face out.





Systems Alignment

Research tells us: Funding and policy relevant as broader contextual/systems factors; internal systems influence implementation; organisational support for EBP important.

What we planned to: Assess and align internal and external systems with the Practice Framework.

What we learned: Need to refine internal policies and procedures; important to consider funding streams in face of growth; team structures; management positions; staff allocation.

What we did: Addressed issues routinely in implementation team meetings; reviewed policies; added new members to implementation team as required; supervision policy modified; fit to other policies and procedures.



Bridging the gap from science to service







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