



Triple P - Positive Parenting Program[®]



Implementation Framework

Triple P International

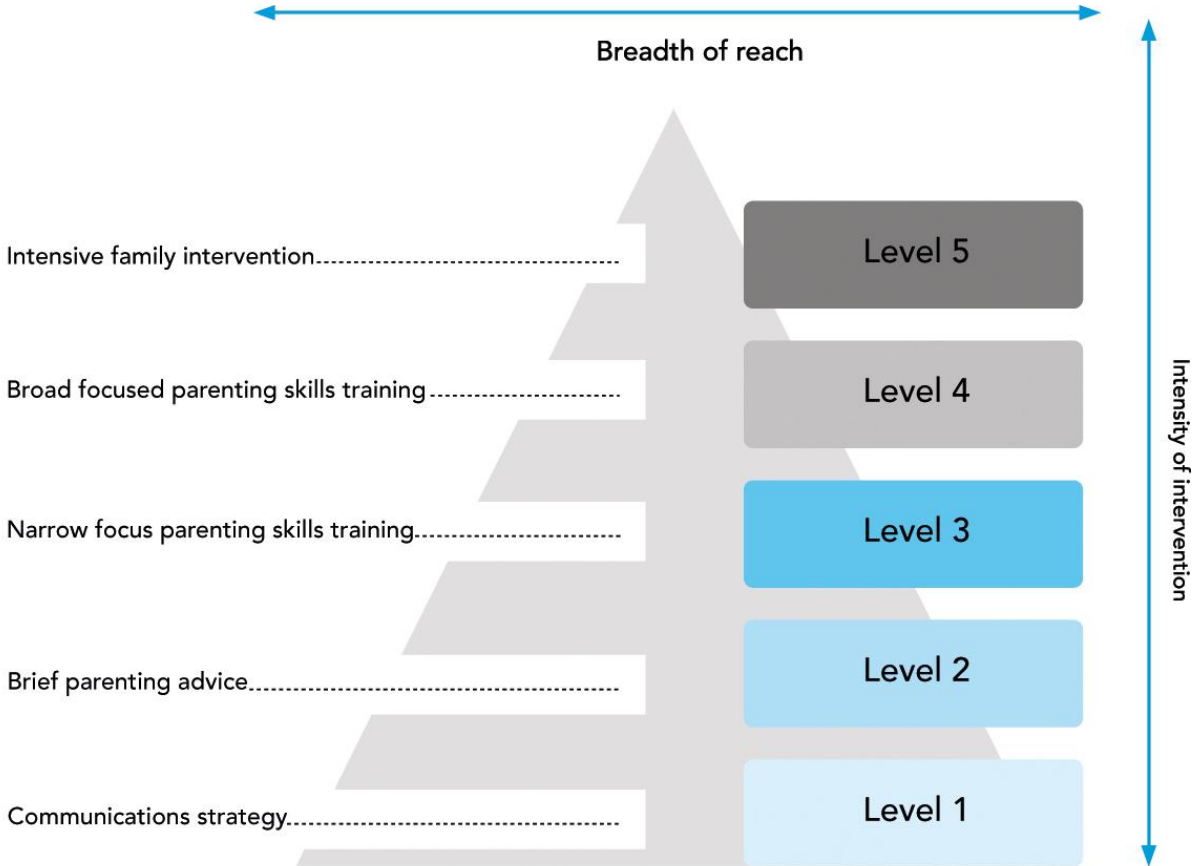
Agenda



- What is Triple P
- Developing the Framework
- The Triple P Implementation Framework
- Practise-based testing
- Evaluation of The Framework
- Implementing the Framework across TPI



The Triple P System



Development Process



- TPI recognised the need to develop a flexible but standardised framework to support implementation of the Triple P System
- Following the Global Implementation Conference 2011 a group of Triple P Implementation Consultants worked together to develop an experience-informed implementation process for the Triple P System based on:
 - Implementation Science
 - The growing body of research on the implementation of Triple P
 - Their years of dissemination and implementation experience

Foundation for the TPI Implementation Framework



- **RE-AIM:** an implementation framework developed to support the implementation of evidence-based programs at a Public Health level (Glasgow 1999)
- **National Implementation Research Network Active Implementation Frameworks** developed to support the implementation and fidelity of evidence-based programs (Fixsen, Blasé et al 2007)
- **Core principles of Triple P:** Self Regulation and minimal sufficiency

Development Process



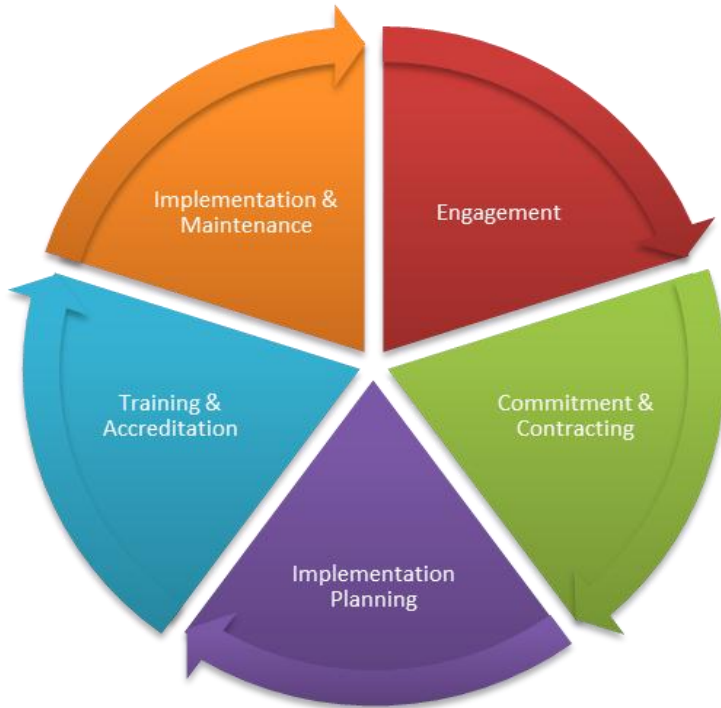
- Established initial working group
- Established specific working groups
 - Content
 - Capacity Calculator
 - Strategy
- Review and revise

Intended Outcomes



- High utilisation rates for trained practitioners
- Long term sustainability for implementing organisations
- Expanded use of Triple P to support a population health approach within systems of care
- Increase the implementation capacity of the involved partners for implementation of any EBP

TPI Implementation Framework



- Five Phases:
 1. Engagement
 2. Commitment and Contracting
 3. Implementation Planning
 4. Training and Accreditation
 5. Implementation and Maintenance
- Each Phase has a set of Key Activities
- Logical sequences and concurrent activity

Phase 1: Engagement



This Phase is focussed on the initial interaction between an interested organisation and TPI, which will lead to a decision about working together or disengaging.



Engagement: Key Outcomes



- Interested organisation has an increased understanding of the Triple P System
- TPI has an understanding of the level of interest and potential scope of the organisation's interest
- Both have developed clarity about the scope of interest and capacity
- The Engagement phase transitions to the next phase when there is enough knowledge to make a commitment to continue to develop a work plan and/or sign a contract describing the services and levels of training that will be provided

Phase 2: Commitment and Contracting



This is the phase through which the scope of the Triple P implementation is confirmed and a written agreement is signed between the organisation and TPI.



Commitment & Contracting : Key Outcomes



- Agreement of necessary steps to establish the capacity to implement Triple P
- Clarification of organisation's capacity for implementation
- Clarification of the level of support required from TPI for successful implementation
- Identification of local capacity for Triple P coordination
- Signed contract
- Signed agreements with partners

Phase 3: Implementation Planning



This is the phase in which a detailed implementation plan is developed.



Implementation Planning: Key Outcomes



- The following have been developed:
 - A comprehensive implementation plan
 - An evaluation plan
 - A training and accreditation plan (dates, participants, resources and supports)
- Budget/financial commitments and funding are confirmed

Phase 4: Training and Accreditation



During this phase the agreed upon training and subsequent accreditation is completed.



Training & Accreditation: Key Outcomes



- Practitioners are prepared prior to attending training
- Practitioners have sufficient time for preparation for accreditation
- Training/accreditation sessions are experienced as high quality
- Peer Support Networks are established and practitioners are supported to attend
- Organisation/community has an adequate number of trained providers to offer the planned service

Phase 5: Implementation and Maintenance



This is the phase when the program is delivered, feedback cycles provide information for ongoing development and sustainability, and maintenance mechanisms are put in place.



Implementation Maintenance: Key Outcomes



- Triple P is delivered effectively
- Active evaluation process with feedback loops
- Participation in Triple P Networks
(practitioner/organisational/community)
- This phase is ongoing and should include mechanisms to support sustainability of effective delivery with performance measures

Application of the Framework



- Application of the Framework is tailored to each initiative
- Implementation Consultant support is tailored to the level required and requested by each initiative (minimal sufficiency)
- Developed Guide and Tools for TPI Implementation Consultants
- Currently:
 - Developing a web-based application
 - Developing training for other TPI staff
 - Testing the Framework through pilot initiatives
 - Evaluating the Framework

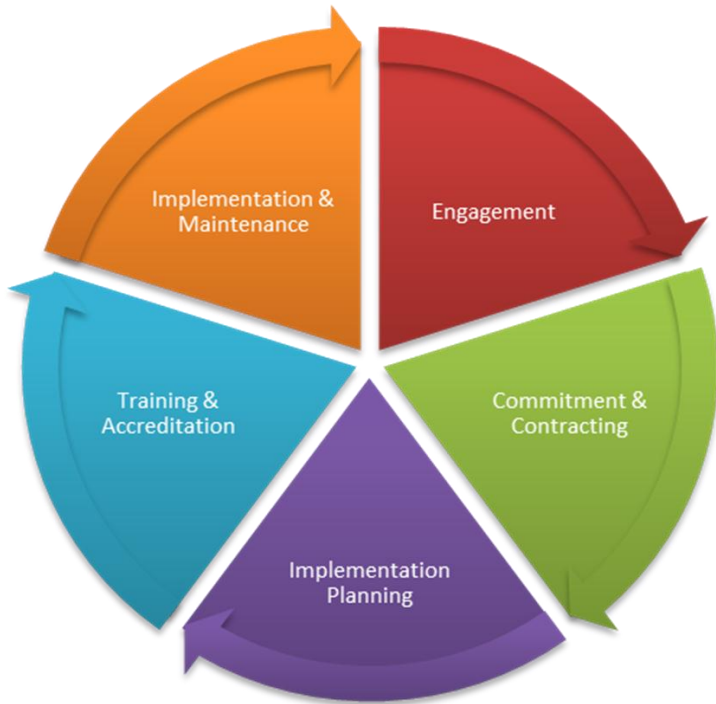
Testing and Evaluating the Framework



- North Carolina: Learning Collaborative and Transformation Zone Project
- The Stepping Stones Triple P Project (Queensland, Victoria, New South Wales)
- Balcova, Turkey Municipal initiative
- Ireland – community rollout in 2 counties



In summary



- The Framework supports intentional, explicit and systematic processes to facilitate effective implementation of Triple P
- Implementation Science
- 10+ years dissemination experience

**effective program + effective implementation
= good outcomes for parents and children
+ maximum return on investment (ROI)**

Thank you



Thank you for your time, if you have any questions or would like further information please contact

Jacque Brown
jacque.brown@triplep.net

Jenna McWilliam
jenna@triplep.net
Tel: + 61 7 3236 1212

