

Implementing Signposts in Singapore:



Think big, start small and dig deep
- an evolving journey

care
education
research

25 October 2012

A/Prof Sok Bee Lim; Hui Nee Tang; Angela Tang, Nasriah Nasir, Dorcas Yap; Lily Lau

Funded by Temasek Cares

Partners in Academic Medicine



PATIENTS. AT THE HEART OF ALL WE DO.

Members of the SingHealth Group



Contents

1. Introduction
2. Is there a need for Signposts in Singapore?
 - Is there a platform?
 - Is there funding?
3. Implementation approach & outcomes
4. What's next?
5. The end?

1

2

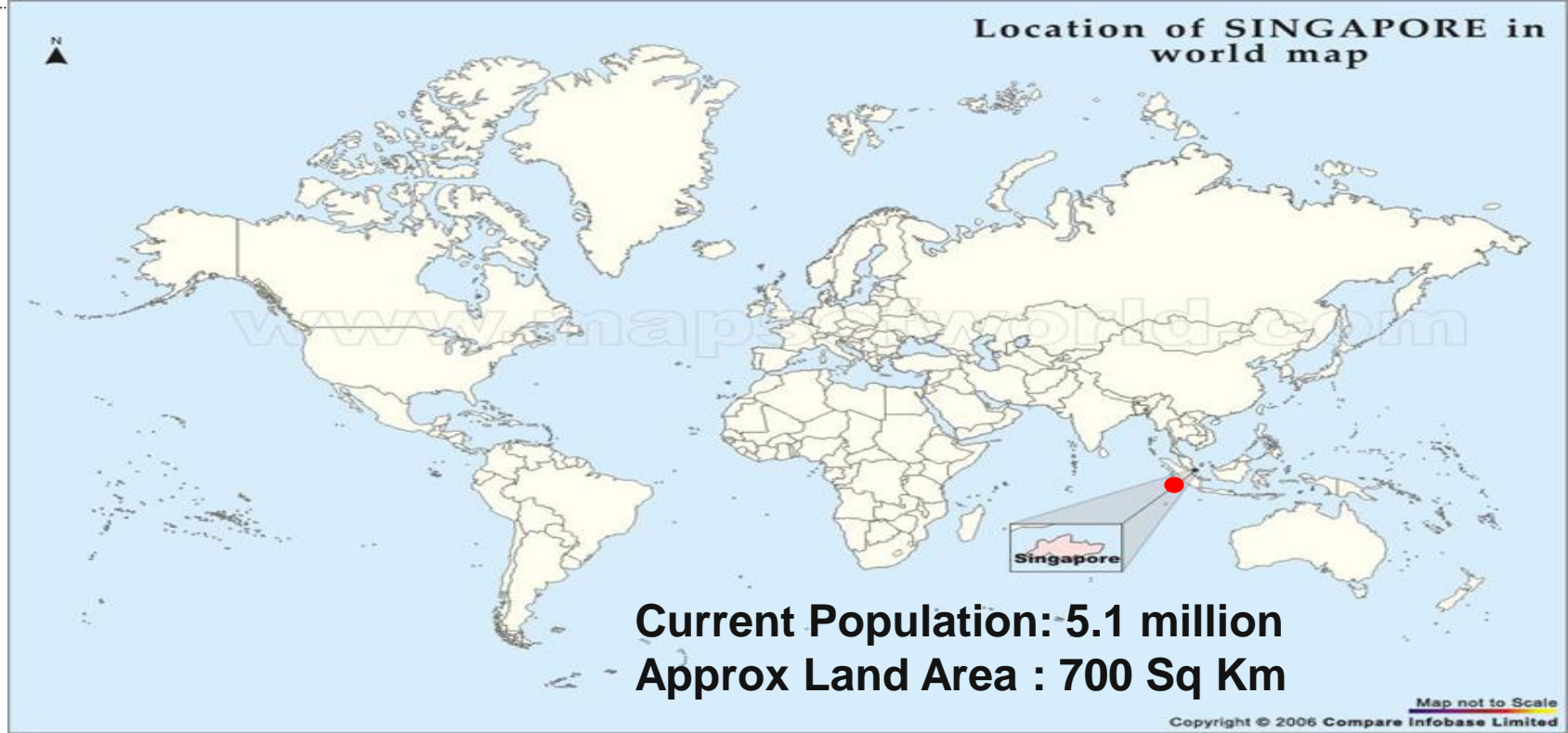
3

4

5

Singapore : The Little Red Dot •

1



Singapore: The Little Red Dot •



KK Women's and Children's Hospital (KKH)

1



Singapore's largest medical facility that provides specialized care for women, babies and children.

In 2011, KKH-Department of Child Development (DCD) sees and provides diagnosis and interim therapy for up to 80% of 2500 new referrals of children with developmental concerns of average age between 2 to 3 years.



Vision

The leading centre enabling children with developmental needs to face tomorrow

Mission

To deliver integrated holistic services with compassion, to children with developmental needs, supported by clinical excellence, education and innovation

Signposts

for building better behaviour

An evidence-based parenting programme designed by Parenting Research Centre (Australia) to help families manage difficult behaviour in children aged 3 to 15 years with a developmental delay or intellectual disability





Is there a need for Signposts in Singapore?



KK Women's and
Children's Hospital

SingHealth



Is there a need for Signposts in Singapore?

Program Objectives
& Desired Results

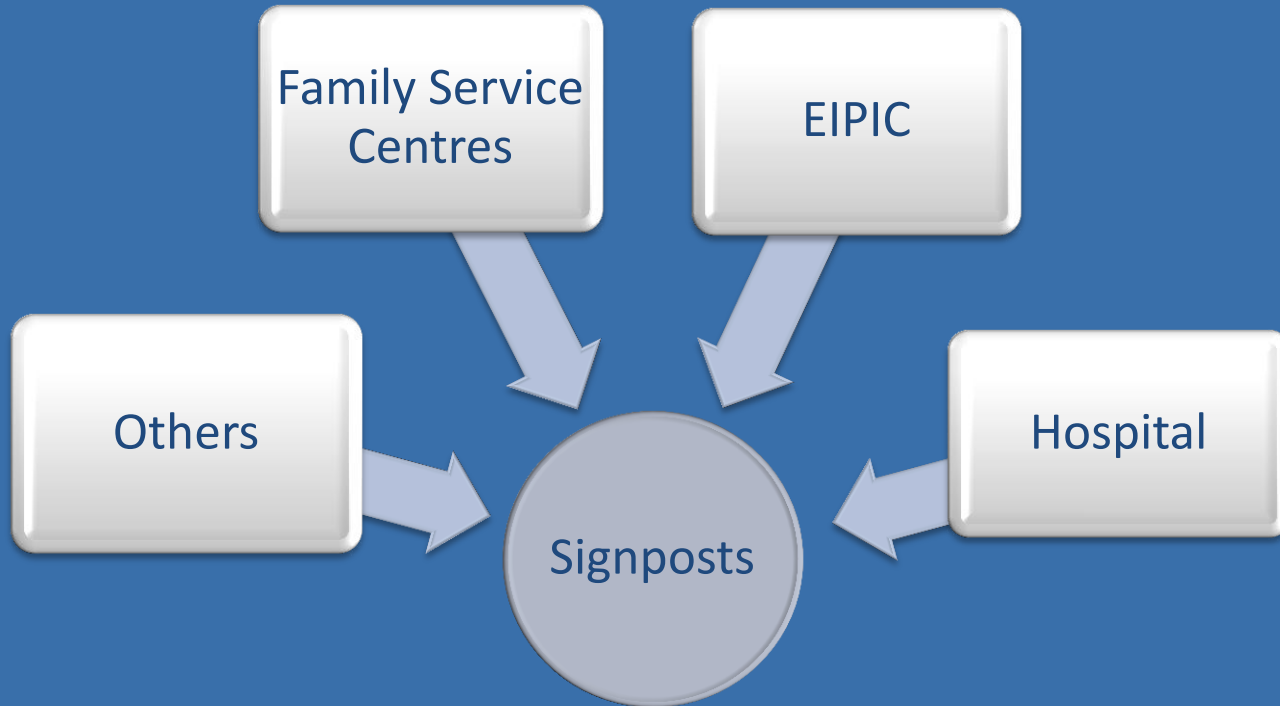
Current Landscape

Need Analysis

Service Gaps

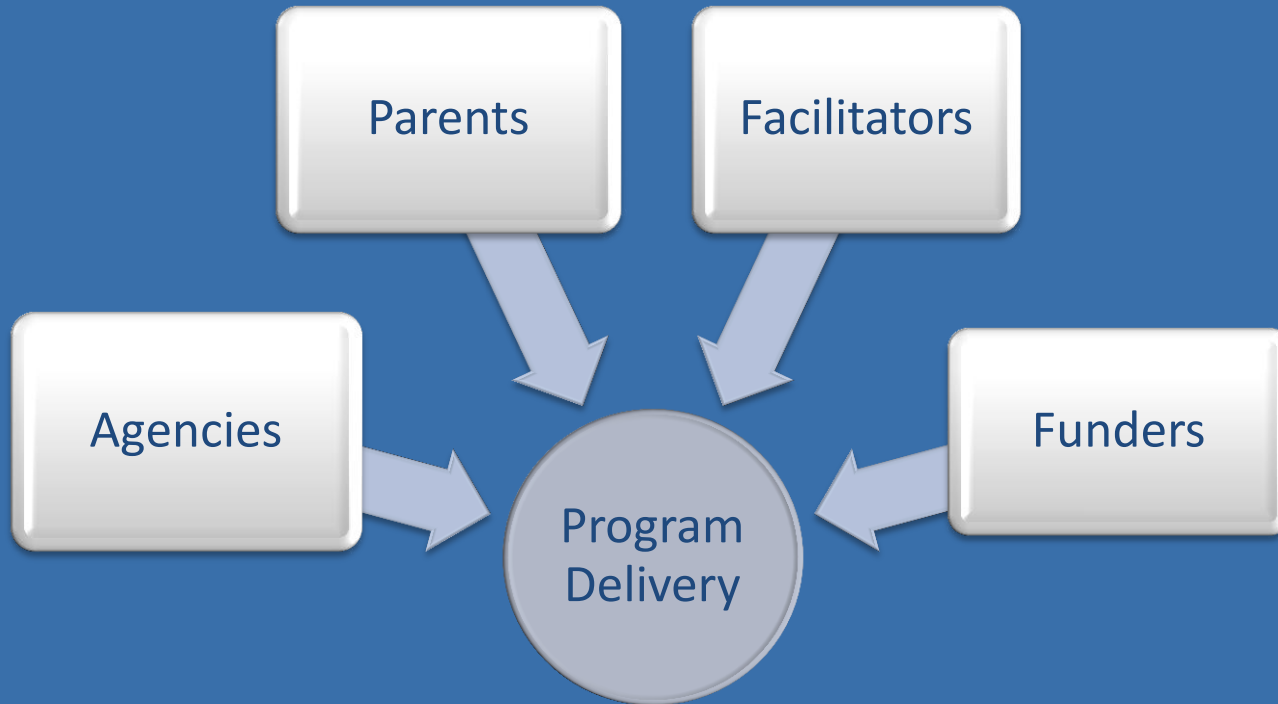
Target Recipients

Is there a playground?



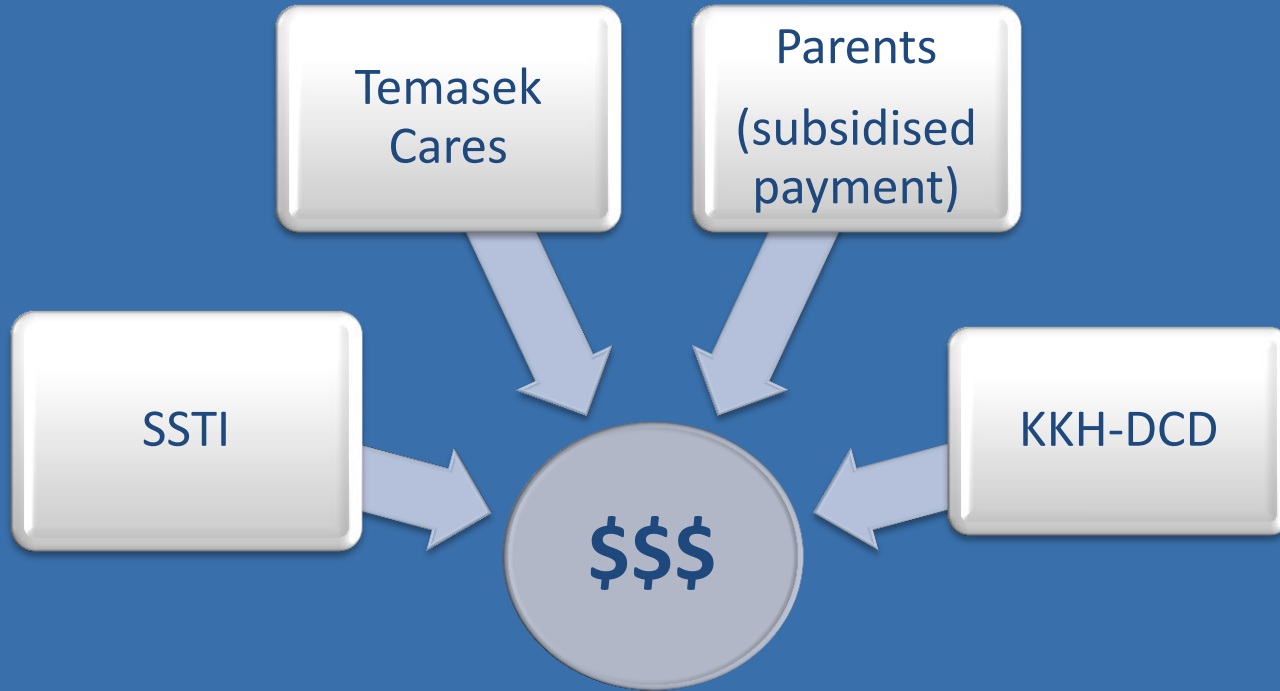
Who are the key players?

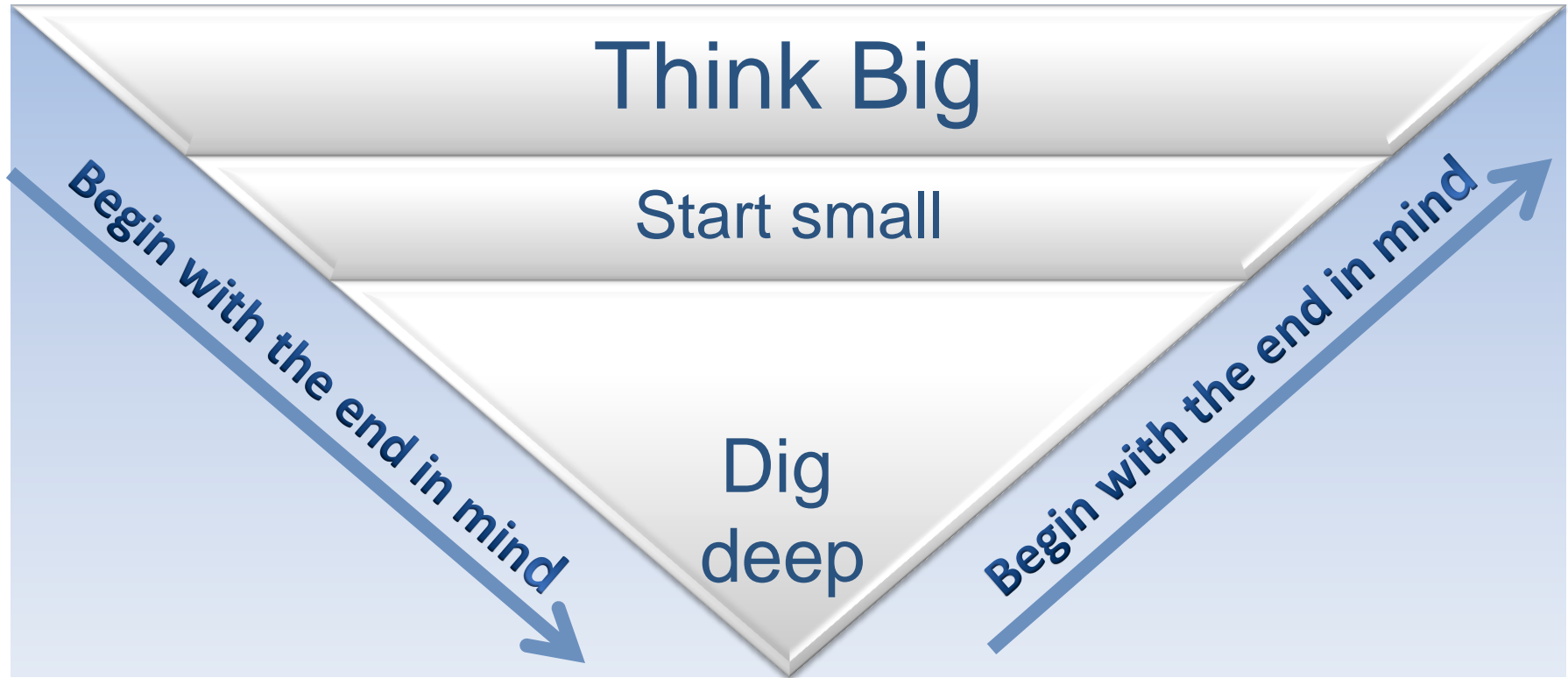
2



Is there funding?

2





Think big...

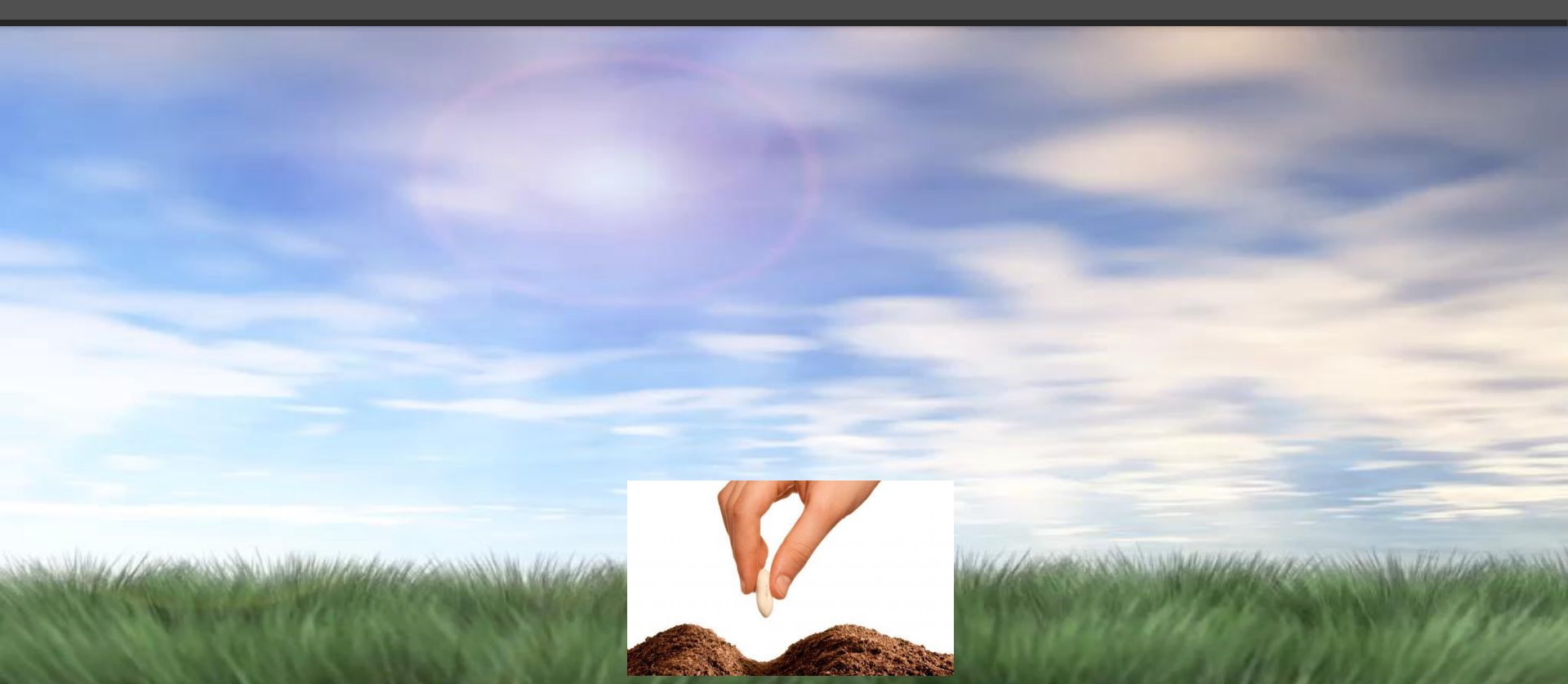
3

Gardens By the Bay: World Building of the Year 2012



Start small...





Start small...



KK Women's and
Children's Hospital

SingHealth

Implementing Signposts in Singapore

Think Big

All EIPIC centres

Start small

KKH-DCD

Dig deep

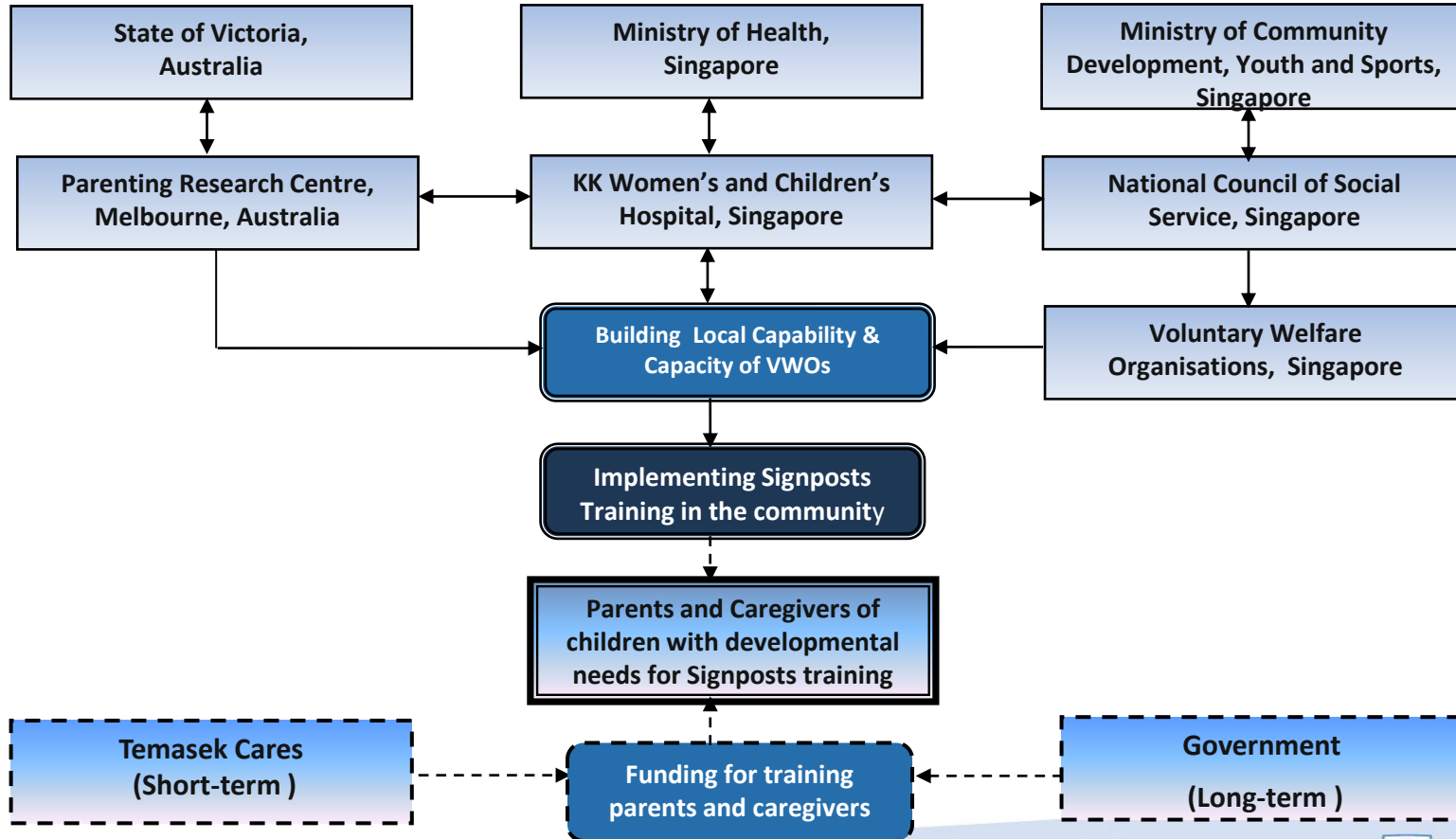


Key variables to consider when implementing Signposts in Singapore

1



Many-helping-hands approach to implementation



- ran close to 100 Signposts parent training runs
- conducted 9 rounds of facilitator training
- over 1500 parents and caregivers trained in Signposts;
> **80% of 950 surveyed reported:**
 - ↑ confident ↓ stress ↑ improved behaviour
- over 160 practitioners trained as facilitators
- local pool of 3 trainers and 7 coaches

Begin with the end in mind

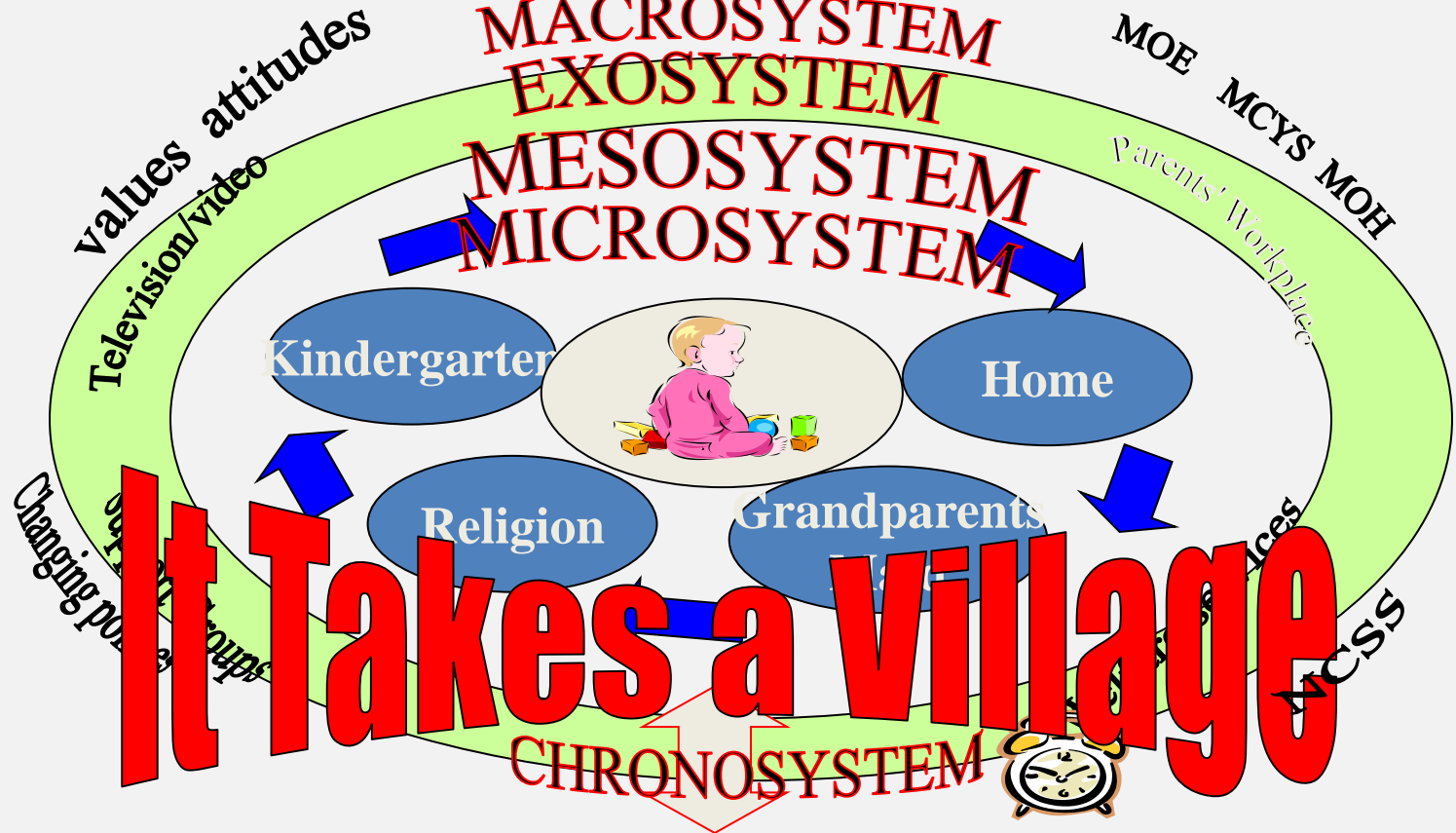
1. That Signposts program becomes an integral service, supported by regular funding, available to parents/caregivers
 - » at KKH-DCD
 - » at all 17 EIPIC (Early Intervention Program Infant and Child)
 - » at all MCYS-supported centres nationally
2. That the training of Signposts facilitators be funded for all VWO (Voluntary Welfare Organisation = NGO)
3. That KKH-DCD be the Centre of training, research and development, for Signposts in Singapore.

The end?: Right siting of programme involving the appropriate ministries to ensure sustainable growth and development.

1. Children with developmental issues (MOH through VWOs and Hospitals)
2. Children with normal development (HPB & School)



BRONFENBRENNER'S MODEL



Thank you



PATIENTS. AT THE HEART OF ALL WE DO.



**KK Women's and
Children's Hospital**
SingHealth

- Oral presentation at Annual Scientific Meeting (ASM), KK Women's & Children's Hospital, July 2011. *In conjunction with the ASM, an article on the presentation was written and published in the Singapore Medical Journal.*
- Singhealth Quality Convention, September 2011
- Ministry of Health's 8th Health Quality Improvement Poster Competition, October 2011. Top 60.
- Paper replicating Australian study written up for submission.
- Conversion of program to Malay language
- Application of program to normal preschool context.